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# Motor Point Index - An Acupuncturist's Guide To Locating And Treating Motor Points



## Synopsis

This beautiful, full-color 152 page reference guide includes 128 muscle drawings clearly indicating motor point locations with acupuncture points and anatomical landmarks. Each muscle page lists: Action(s) of the muscle. Motor point location and needling technique. Huatuoji points level with the muscle's innervating spinal segment. Antagonist muscle(s) Indications for the use of the motor point.

## Book Information

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## Customer Reviews

Matt Callison's motor point book was great...we have it in our clinic at my school. Unfortunately, it is no longer available in a physical book and I had to get it via Kindle. For me, it makes it very user-unfriendly since I don't take my computer to school with me, hence I am unable to utilize it when I really want it, particularly since you can't print anything from the Kindle. The spiral bound flip book was much more usable.

Pros...it is a breakdown of every muscle in the body and how to correctly needle it. The benefits of knowing a quick and efficient system to mediate pain and to illicit the healing process is

indispensable in a busy practice. The book has a clear and concise picture for each muscle showing the motor point, adjacent acu points and surrounding muscles. The book also helps as a refresher course in anatomy, just in case you had forgotten a certain muscle or its origin, insertion or action. This book should be part of every acupuncturist's library, no matter what style he/she uses. It will make you so much more confident in your handling of any muscle pain situation, and will make you look like a pro to your patients as well. I wish the book was a bit less expensive, as I have the electronic version. The electronic version is limited by the inability to quickly move about the book to different body sections, as it would for with a physical copy book. But it does save on weight.

Just downloaded this book on my iPad 3 and I find it very useful instead of running to a book. I can read it at the airport and keep up with my motor points as well. Matt's book is easy to read and use for all acupuncturists to make them a better practitioner. Motor points are extremely effective in my practice and my patients' recovery time is immediate. I recommend all to download this book as you can have it at your immediate disposal.

Awesome reference book for acupuncturists. Scientifically sound and tested theories as to how the stimulation of motor points via acupuncture can help ease pain, increase range of motion, and strengthen the muscles. I would very much like to see a second edition with orthopedic tests, muscle testing as well as postural assessment. Combining this information with the work of Travell and Simons gives anyone treating myofascial pain a great advantage.

This is an excellent reference that I use frequently. Somehow, years after the publication of this book, there continues to be a dearth of references for locating motor points. I'm glad I have the paper version but the kindle version is the best to have on hand as a quick reference.

This easy-to-navigate kindle version complements my clinical experience quite well. As I'm still in school I need something that can be used quickly and easily and this fits the bill. The hyperlinked contents make finding any motor point very intuitive.

I use this kindle book more than any other for both motor point study and quick reference. The only thing that could be improved would be the addition of origin and insertion for each muscle.

Finally this terrific reference is available digitally! The content is easy to navigate and images are

clear across all my devices including my iPhone. This is a must for anyone providing orthopedic and sports medicine style acupuncture. [...]

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